



DENTAL HEALTH QUESTIONNAIRE FOR CHILDREN UNDER 5

A child’s dental health is affected by many different things; 3 most important to developing teeth are:

- 1) Home dental care (brushing, flossing and the use of fluorides)
- 2) Habits relating to the mouth or teeth
- 3) Your child’s diet

To help us better evaluate your child’s dental health please answer the following questions honestly and to the best of your ability:

HOME DENTAL CARE

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|--|----------|-----|-----------------------|
| 1. Does your child brush his/her own teeth? | YES | NO | |
| a. How often? _____times/day | | | _____times/week |
| 2. Do you brush your child’s teeth for them? | YES | NO | |
| a. How often? _____times/day | | | _____times/week |
| 3. How much toothpaste does your child use? | PEA SIZE | AMT | ENTIRE BRISTLE LENGTH |
| 4. Does he/she swallow the toothpaste? | YES | NO | |
| 5. Do you floss your child’s teeth? | YES | NO | |
| a. How often? _____times/day | | | _____times/week |
| 6. Does your child take fluoride drops or tablets? | YES | NO | |
| a. If YES, at what age did he/she start taking them? _____ | | | |
| b. Is he/she still taking them? | YES | NO | |
| 7. Has your child ever lived in a fluoridated area? | YES | NO | UNSURE |
| 8. Has your child received fluoride treatments at a dental office? | YES | NO | UNSURE |
| 9. Anything else you would like to add about the care of your child’s teeth at home? | | | |
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HABITS

1. Does your child use a pacifier? YES NO
 - a. CONSTANTLY ALL DAY ONLY AT NIGHT WHEN TIRED
 - b. STOPPED AT AGE _____
2. Does your child suck his/her thumb or fingers (circle one)? YES NO
 - a. CONSTANTLY ALL DAY ONLY AT NIGHT WHEN TIRED
 - b. STOPPED AT AGE _____
 - c. What methods have been tried to encourage stopping this habit, if any?

3. Does your child grind his/her teeth? YES NO
4. Any other tooth related habits? _____

DIET

1. Was/is your child put to bed with a bottle? YES NO
 - a. If YES, what was in the bottle? _____
 - b. Stopped bottle at age _____
2. Was/is your child allowed to carry a bottle or cup throughout the day containing something other than plain water? YES NO
3. Does your child chew gum with sugar in it? YES NO
 - a. If YES, how often? _____times/day _____times/week
4. How many meals per day does your child eat? _____
5. How many between meal snacks including drinks other than water does your child have on an average day? _____
6. If your child is using a pacifier, is it ever dipped in honey or other sweet substances? YES NO
7. Would you like to make any comments about your child's diet?

Help us get to know your child....

Favorites?

- 1) Pet _____ 2) Food _____ 3) Color _____
- 4) Sport _____ 5) Animal _____ 6) School Subject _____
- 7) Movie _____